



PERSONAL HISTORY  
(Please Print)

Date: \_\_\_\_\_ Last 4 Digits of Social Security #: \_\_\_\_\_

Name: \_\_\_\_\_ Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ E-mail: \_\_\_\_\_

Contact Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Sex: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Your Employer: \_\_\_\_\_ Type of Work: \_\_\_\_\_

Name & Phone # of Person to Contact in Case of Emergency: \_\_\_\_\_

Circle If You Are:      Married      Single      Widowed      Divorced      Separated

Name of Spouse: \_\_\_\_\_ DOB: \_\_\_\_\_

Parent/Guardian of Patient (if under age 18) \_\_\_\_\_

Whom can we thank for referring you? \_\_\_\_\_

What is your chief complaint? \_\_\_\_\_

What are some symptoms you are experiencing? \_\_\_\_\_

FAMILY HEALTH HISTORY

RELATION	NAME	AGE	PRESENT SYMPTOMS	PREVIOUS SERIOUS ILLNESSES
Father				
Mother				
Siblings				
Children				

Patient Account Number: \_\_\_\_\_

## PAST HEALTH HISTORY

PLEASE CHECK APPLICABLE ITEMS – (indicate date of surgery).

### OPERATIONS:

Appendectomy \_\_\_\_\_ Cardiovascular/Heart \_\_\_\_\_ Female Organs \_\_\_\_\_  
Gall Bladder \_\_\_\_\_ Hernia \_\_\_\_\_ Rectal \_\_\_\_\_  
Spinal \_\_\_\_\_ Tonsillectomy \_\_\_\_\_ Others \_\_\_\_\_

ACCIDENTS OR FALLS: (Please describe) \_\_\_\_\_

FRACTURES OR DISLOCATIONS: \_\_\_\_\_

HABITS: Exercise (what type/how often?) \_\_\_\_\_ Hobbies \_\_\_\_\_ Sleep (hours) \_\_\_\_\_

Tobacco (How much?) \_\_\_\_\_ Alcohol \_\_\_\_\_ drinks per ( ) day ( ) week ( ) month

Coffee (avg. # of cups/day) regular \_\_\_\_\_ decaf. \_\_\_\_\_ Tea (avg. # of cups/day) regular \_\_\_\_\_ herbal \_\_\_\_\_

Soft Drinks (avg. # of 12 oz. cans per day) ( ) regular \_\_\_\_\_ ( ) diet \_\_\_\_\_ ( ) caf. free \_\_\_\_\_

Water (8 oz. glasses/day) \_\_\_\_\_ city \_\_\_\_\_ well \_\_\_\_\_ distilled \_\_\_\_\_ spring \_\_\_\_\_ filtered \_\_\_\_\_

List the names and dosages of any drugs you are taking (prescription or non-prescription):

Anti-Inflammatory Medicine \_\_\_\_\_ Laxatives \_\_\_\_\_

Muscle Relaxers \_\_\_\_\_ Pain Relievers \_\_\_\_\_

Other \_\_\_\_\_

Vitamins, minerals, herbs, homeopathic remedies \_\_\_\_\_

Have you been treated for a mental disorder or nervous breakdown? \_\_\_\_\_

**CIRCLE** Any of the Following Diseases You Have Had:

ADD / ADHD	Crohn's	Raynaud's Syndrome	Muscular Dystrophy	Cancer
Disease	Herpes	Anemia	Tourette's Syndrome	Goiter
Pleurisy		Emphysema	Arthritis	Padgett's
Alcoholism		Infertility	Fibromyalgia	Ulcers
Diabetes		Stroke	Osteoporosis	Candida
Hodgkin's Disease		Anorexia	Trigeminal	Heart Disease
Pneumonia	Alzheimer's	Endometriosis	Neuralgia	Parasites
Eczema		Multiple Sclerosis	Bell's Palsy	Venereal Infection
Impotency		Thyroid	Glaucoma	Chronic Fatigue
		Condition	Parkinson's Disease	Hepatitis
		Appendicitis	Tuberculosis	Phlebitis
		Epilepsy		

Other: \_\_\_\_\_

Patient Account Number: \_\_\_\_\_

Underline All of the Symptoms You Have Had Previously

Circle All of the Symptoms You Have Now

**GENERAL SYMPTOMS**

Chills  
Convulsions  
Dizziness  
Fainting  
Fatigue  
Fever  
Hair Loss  
Headache  
Hernia  
Loss of Sleep  
Nervousness  
Neuralgia/Nerve Pain  
Numbness in arms, hands, or legs  
Pain in arms, hands, or legs  
Sweats  
Tremors  
Weak Fingernails  
Weight Gain  
Weight Loss

**E.E.N.T**

Allergies  
Asthma  
Cataracts  
Deafness  
Dental Decay/Painful Teeth  
Ear Discharge  
Ear Noises/Ringing  
Earache  
Enlarged Glands  
Enlarged Thyroid  
Eye Pain  
Failing Vision  
Far Sightedness  
Frequent Colds  
Gum Trouble  
Hay Fever  
Hoarseness  
Macular Degeneration  
Nasal Drainage  
Nasal Obstruction  
Near Sightedness  
Nose Bleeds  
Sinus Infection  
Sore Throat  
Tonsillitis

**SKIN**

Acne  
Boils  
Bruise Easily  
Cysts  
Dryness  
Hives  
Itching  
Sensitive Skin  
Skin Eruptions  
Varicose Veins

**RESPIRATORY**

Chest Pain  
Chronic Cough  
Difficult Breathing  
Spitting Up Blood  
Spitting Up Phlegm  
Wheezing

**CARDIO-VASCULAR**

Cold Hands or Feet  
Hardening of Arteries  
High Blood Pressure  
High Cholesterol  
Low Blood Pressure  
Pain Over Heart  
Paralytic Stroke  
Poor Circulation  
Rapid Beating Heart  
Slow Beating Heart  
Swelling of Ankles

**MUSCLE & JOINT**

Backache  
Carpal Tunnel Syndrome  
Faulty Posture  
Muscle Tightness/Spasm  
Pain Between Shoulders  
Painful Ankle  
Painful Elbow  
Painful Foot  
Painful Hand  
Painful Head  
Painful Hip  
Painful Knee  
Painful Shoulder  
Painful Tail Bone  
Painful Wrist  
Spinal Curvature/Scoliosis  
Stiff Neck  
Swollen Joints

**GASTROINTESTINAL**

Belching or Gas  
Colitis  
Colon Trouble  
Constipation  
Diarrhea  
Difficult Digestion  
Distention of Abdomen  
Excessive Hunger  
Gall Bladder Trouble  
Hemorrhoids  
Intestinal Worms  
Jaundice  
Liver Trouble  
Nausea  
Painful Bowel Movements  
Pain Over Stomach  
Poor Appetite  
Vomiting  
Vomiting Blood

**GENITOURINARY**

Bed Wetting  
Frequent Urination  
Frequent Kidney or Bladder Infections  
Inability to Control Urine  
Kidney Stones  
Painful Urination  
Prostate Trouble  
Pus/Blood in Urine

**FOR WOMEN ONLY**

Cramps  
Excessive Flow  
Irregular Cycle  
Lumps in Breasts  
Menopausal Symptoms  
Painful Menstrual Periods  
Previous Miscarriage  
Vaginal Discharge

**Are you Pregnant? ( ) Yes ( ) No**

**Do you think you might be Pregnant?  
( ) Yes ( ) No**

**Patient's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Patient Account Number:** \_\_\_\_\_



#### **HIPAA Privacy Notice**

Crossroads Wellness Center strives to maintain the strictest confidentiality of your medical and financial information. Our employees are all aware that this information belongs to you and you have the right to decide how it is used in most instances. At this time you may request to view or receive a copy of our HIPAA policy.

To better serve you, we need you to sign and date this form acknowledging that you have read this notice and that an opportunity to review or receive a copy of our HIPAA policy has been made available to you upon request.

#### **Financial Policy**

It is the policy of this office that all services rendered are charged directly to you, the patient, and that ultimately the patient is responsible for all services, including those not reimbursed by third party payers. All payments are due at the time of service, unless prior arrangements have been made. Our office accepts assignment with most insurance companies, however **INSURANCE IS NOT A GUARANTEE OF PAYMENT**. Your insurance is an agreement between you and your insurance company. All insurance assignment patients must pay their deductibles in full and copayment/coinsurance at time of service. Please be advised that we will not write-off any massage service for any reason by any insurance company, even if we are contracted with your insurance company. If our office has not received payment by your insurance company within forty-five (45) days of our office filing the claim, you will become responsible for payment in full.

I, the undersigned, do hereby agree to be financially responsible for the entire balance due, including, but not limited to, the examination, consultation, and/or treatment. I also agree to pay a service charge of \$35.00 if my check is returned for insufficient funds. I understand that this service charge may be in addition to any fees assessed by my financial institution. Furthermore, I agree that a late charge of 1.5% per month may be assessed on delinquent balances. In the event of any default in payment, I agree to pay all attorney fees and/or other collection costs necessary to collect on my account.

#### **INFORMED CONSENT FOR CHIROPRACTIC/NATUROPATHIC TREATMENT**

I hereby request and consent to the performance of chiropractic treatments (also known as chiropractic adjustments or chiropractic manipulative treatments) and any other associated procedures: Naturopathic medicine, physical examination, tests, physio therapy, physical medicine, physical therapy procedures, etc. on me by the doctor of chiropractic at Crossroads Wellness Center and/or the doctor of Naturopath and/or other assistants and/or licensed practitioners.

I understand, as with any health care procedures, that there are certain complications, which may arise during chiropractic treatments. I do not expect the doctor to be able to anticipate all risks and complications, and I wish to rely upon the doctor to exercise judgment during the course of the procedure(s) which the doctor feels at the time, based upon the facts then known, that are in my best interest.

I have read (or have had read to me) the above explanation of the chiropractic treatments. I state that I have been informed and weighed the risks involved in chiropractic treatment at this health care office. I have decided that it is in my best interest to receive chiropractic treatment. I hereby give my consent to that treatment. I intend for this consent to cover the entire course of treatment for my present condition(s) and for any future conditions(s) for which I seek treatment.

#### **SIGN AFTER YOU AGREE TO THE ABOVE**

\_\_\_\_\_  
Printed name of Patient

x \_\_\_\_\_  
Signature of Patient

Date \_\_\_\_\_

X \_\_\_\_\_  
Signature of Representative (if patient is a  
minor or POA)

Date \_\_\_\_\_

Patient Account Number: \_\_\_\_\_



### MASSAGE THERAPIST/PATIENT CONTRACT

*The relationship between the massage therapist and the patient is one built on trust and mutual respect. In order to preserve this relationship, the patient should be mindful of our policies before the first session begins.*

#### WHAT PATIENTS CAN EXPECT FROM US:

1. Patients are treated with respect and dignity.
2. Privacy and confidentiality are maintained at all times.
3. Patients are provided with a competent, professional massage.
4. All patients are draped with a sheet and only the part of the body being worked on is exposed at any time.
5. Our office retains accurate records and review them before each session.
6. All massage therapy is under the direction and supervision of Dr. Caleb Suci.
7. Our office maintains all massage therapy equipment and supplies to be safe and clean.
8. Our office performs services within the scope of our practice.
9. Our office charges per unit (15 minutes) for massage therapy performed under the direction of the doctor.
10. Our office will bill your insurance with the appropriate service code and diagnosis. If your insurance company allows the billed code it will be applied to your deductible and/or copay. **PLEASE NOTE: INSURANCE IS NOT A GUARANTEE OF PAYMENT. Please be advised that we will not write-off any massage service for any reason by any insurance company, even if we are contracted with your insurance company.**

#### OUR REQUIREMENTS OF PATIENTS:

1. Massage sessions begin and end at scheduled times. Messages that begin late due to the patient arriving late, end at the appointed time and are charged for the full session.
2. Payment is due at time of service, unless prior arrangements have been made with the front office.
3. If cancellation is necessary, please provide our office with at least a 12-hour notice. Otherwise, you will be charged for the appointment unless it can be filled.
4. Patients must provide our office with updated information as necessary on medical history, address, phone number, and insurance.
5. Parents or guardians must be present for massages of minors.
6. Our office will call your insurance company to receive your massage benefits. Customer service may state that these services are covered under your plan. **However, please be advised that your insurance company also informs us that insurance is not a guarantee of payment.** Therefore, you are ultimately responsible for all services provided by our office.
7. Sexual harassment is not tolerated. If the massage therapist feels their safety is compromised, the session stops immediately, and you will be dismissed as a patient.
8. Please be aware that the use of essential oils may be used during your massage. Please let your therapist know if you object to the use of essential oils.

I have read and agree to the above terms and consent to massage as explained to me.

\_\_\_\_\_  
Printed name of Patient

x \_\_\_\_\_  
Signature of Patient

Date \_\_\_\_\_

X \_\_\_\_\_  
Signature of Representative (if patient is a minor or  
POA)

Date \_\_\_\_\_

Patient Account Number: \_\_\_\_\_